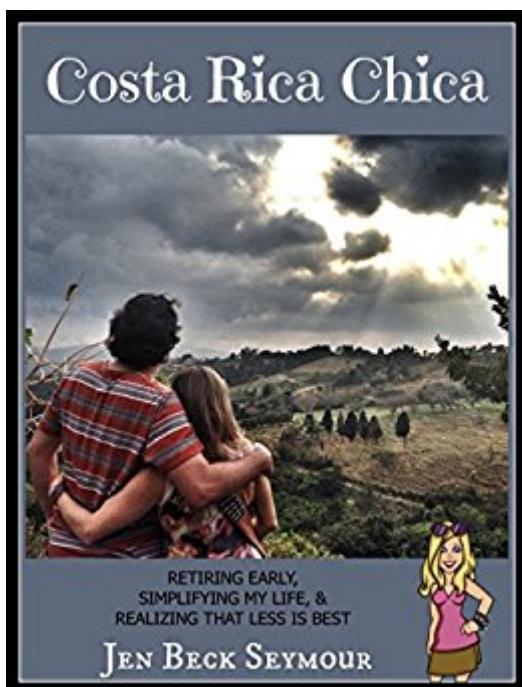


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# Costa Rica Chica: RETIRING EARLY, SIMPLIFYING MY LIFE, & REALIZING THAT LESS IS BEST



## Synopsis

Fed up with the “more, more, more” mentality of North America, Jen and her husband Greg make the unusual choice of quitting their jobs in their early 40s, selling everything, and moving to Costa Rica with just 9 suitcases. Find out what made them consider this in the first place, how they did it, and why they have no regrets! Bonus chapters include Jen’s special recipe for making bite-sized éclairs and a packing list for YOUR move to Costa Rica!

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## Customer Reviews

For anyone considering a move to a foreign country, or even dreaming about it, this book is a must-read. The author takes the reader along on their journey, starting with their dissatisfaction with life on the treadmill, through the decision making, the move, and all the way to settling in, sharing in delightful detail all the joys and challenges along the way. The book is written in a fun, easy-to-read yet descriptive style. Once I started it I had a hard time putting it down! I

particularly liked the personal yet playful way that the author has with words because it made the book such an enjoyable read. It is so much more than a travel book; it is a story of one young couple's adventurous spirit. While many people stuck in a rut long to break free, the author shares how she and her husband actually did it and are living the happy life in Costa Rica.

Jen and Greg Seymour are my heroes! I downloaded this book as soon as it was available and was completely enthralled from page one all the way through! I have read every E-book on that I could find on being an expat and living in Costa Rica - many of them informative and helpful - but this is the first that made me feel that I was personally on the journey! Jen and Greg have found a way out of the drudgery of the "American Dream", which replaced the priority of personal relationships with the mentality of "He who has the most toys wins", into a new world of true "quality time" with each other, new friends, and the beauty of nature. The peace and contentment that comes from this is priceless! I have often longed for a "different" life that would take me back to the priorities that I grew up with - devotion to family and friends and the mentality that we "work to live" instead of the American dream mentality of "live to work". It is my hope that more people will follow in Jen and Greg's footsteps, along the trail that they have blazed! It does not mean that moving to Costa Rica is your only option (although I like what I see!) but it does mean being willing to sacrifice your daily "wants" to begin a life of true value and contentment which is a most essential human "need" - and actually, as God intended us to live - loving and respecting each other, loving our neighbors as ourselves, and finding our own version of "pura vida"! Thank you Jen, for this personal and warm introduction to a new life in a new way and for sharing your journey with us! God Bless!

In this fun and winsome book the author does two things particularly well. First, she takes you on the journey she and her husband made in deciding whether or not moving to Costa Rica was right for them. If you're considering a move to Costa Rica (or any foreign country for that matter) you will be asking the same sort of questions. Next, she gives a very good picture of what their daily life is like in Costa Rica. They moved to a hilly neighborhood outside the small town of Grecia in Costa Rica's central valley. My husband and I moved to Costa Rica just 7 weeks ago, but so far our observations match hers right on the money. In making our decision, we read every Costa Rica book we could find, and there are many good ones. This is one of the best. I wish we'd had it. Even if you are NOT planning a move (but have thought about it from time to time) this is a humorous, informative, and not overly long book which you'll be glad you read.

This was, for me, a surprisingly good book. Surprising because there are so many books out there about moving from the United States (and elsewhere) to Costa Rica, many of them very good, and I've read most of them. In addition, I've lived in Costa Rica for several years. I admit that I was a bit skeptical: What new perspective could Jen's book possibly bring to this subject? What more was there to say? In a word, plenty, with a fresh, energizing perspective that made this book a real page-turner for me. While the book is a quick and easy read, there is a lot of meat to it. Most importantly, it's honest. Living in Costa Rica is not always easy and not always fun. It can be incredibly frustrating. And Jen doesn't say otherwise. However, by focusing on the positive--and there IS a lot of positive--while acknowledging the difficulties, she accurately portrays what can be a really cool adventure--for a few months, years, or a lifetime. *Pura vida.* Seriously.

An enchanting and captivating easy read. I am in the last week before I move to Costa Rica and have no time to spare, so I bought this book thinking I would read it at a future date. Well, I took a little peek at it and just couldn't stop reading it despite my need not to. It was like I was reading about my life on the pages of someone else's book. Not only is it fun to read, but it is accurate and informative. If you're thinking of an international move, buy this book. The cool thing is that you don't really feel like you're studying and gathering information because of the author's easy-going and natural style that imparts information through slice-of-life story telling. Or, if you just want a heart-warming tale of a dream adventure, buy this book. If you're tired of the rat race, but don't know how to get out of it, buy this book. My recommendation: buy this book.

If you're thinking about retiring to Costa Rica, this is a light read. Would have given this 3 stars except that I lost respect for the author's disinterest in learning the Spanish language during the year and a half she was preparing for the move, and part of her difficulty in relocating was her inability to communicate effectively. Also, the editor was asleep on the job. It seemed as if every other sentence ended in an exclamation point!! which was horribly irritating and distracting. Can't highly recommend; however, there were some good pointers as well as useful information.

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